



FEDERATION OF DEFENSE & CORPORATE COUNSEL



**FDCC**

DEFENSE LAWYERS. DEFENSE LEADERS.



# Be More at The Broadmoor

**2023 ANNUAL MEETING**

JULY 23RD TO JULY 28TH COLORADO SPRINGS, COLORADO



## Dear Federation Members and Families

The 2023 Annual Meeting promises more of all that you love about the FDCC! Engage more with your FDCC family and friends. Learn more from the best of the best – our own members – in an innovative program that will inspire you personally and professionally. Explore more of the magnificent Rocky Mountains landscape. Relax more with the world-class amenities that will surround you. Get ready to “Be More at The Broadmoor” as we convene for a week of fellowship at The Broadmoor Resort in Colorado Springs, Colorado, from July 23rd to July 28th!

The Broadmoor is a gem in the shadow of Pikes Peak in the middle of the Rockies, and it provides a base for our convention that promises unparalleled service and amenities in a grand setting. The Broadmoor boasts a world-class spa, championship golf courses, and over 3,000 acres of splendor that are open to all convention attendees. The top-rated Broadmoor Tennis & Pickleball Club will play host to the First Annual FDCC Pickleball Tournament. The Resort is also home to 19 specialty retail shops offering a wide variety of items from boutique

clothing to fine art to outdoor equipment to rare books and antiques, and so much more.

As predicted, rooms at The Broadmoor sold out quickly. We have started a wait list in case plans change with any of our members or the other groups at the hotel. In the meantime, our team has also identified several hotels very close by The Broadmoor, at various price points and all less than 3 miles away. And, since The Broadmoor is making all of its amenities available to our convention attendees, regardless of where they are staying, there is no reason everyone cannot enjoy all that we have planned for this amazing meeting.

As the meeting opens on Sunday, we will welcome our families to connect or to re-connect, by engaging in some friendly games and competition at the FDCC Family Fun Fest. Start training now for a fun afternoon of games that all ages can enjoy. After the Family Fun Fest, join us for a relaxed, come-as-you-are Welcome Reception, where you can enjoy a cocktail and make new friends or catch up with old

ones before heading off to dinner on your own. As a special treat for everyone, the Cheyenne Mountain ZOOMobile will be bringing some special guests to our reception.

Marisa Trasatti will be shepherding you through programming that highlights the best and brightest of our profession - our members! Each day, you will leave informed and inspired. Sessions will begin with thought leader theatre, which consists of short salient talks from our section contributors and others. Then, there will be three unique plenary tracks that focus on personal development, skills training, and emerging areas of law. Get ready to have your hearts, minds, and skills elevated!

We have arranged for a wide variety of afternoon activities. You can explore the Garden of the Gods by horseback, by bike, by Jeep, or by foot. You can try to reel in “the big one” as you learn to fly fish in scenic Colorado. You can zip line across canyons. You can summit Pike’s Peak by cog train. You can show off your culinary prowess in a group cooking class. And much, much more. There is something for everyone!

Each evening, we will all come together for some truly memorable events. On Monday night, get dressed up in your best purple, green, and gold cocktail attire as we celebrate President Howard Merten and First Lady Roni Dash with a Mardi Gras Ball! We will be bringing the best cuisine from the bayou to the mountains as we enjoy a night full of New Orleans inspired festivities.

On Tuesday, join us for “Midway in the Mountains”, where the whole family can enjoy carnival games and entertainment. Try your hand at games of skill and games of chance. Indulge in traditional carnival

fare, or opt for more elevated, seafood options inspired by our President and First Lady’s New England roots. You never know what surprises may await as performers circulate throughout the crowd.

On Wednesday, our typical dine-around night, the FDCC takes over the Cheyenne Mountain Zoo for a special ticketed event. We will have exclusive access to the 4th best Zoo in North America and all of its animal friends for the evening, with dinner and drinks included. Spend the evening with your FDCC friends and family as you feed giraffes, explore the renowned Rocky Mountain Wild exhibit, and take a ride on the carousel. Alternatively you can opt to make arrangements to dine with your FDCC friends on your own. After dinner, you won’t want to miss the traditional FDCC Dessert Party.

On Thursday, we close our meeting with the Diamonds and Denim Gala. Pull on your jeans and throw on all the sparkle you own as we enjoy an evening surrounded by the beauty of the Rockies at the Cheyenne Lodge. The views will take your breath away! Let’s spend our final dinner together connecting and dancing with our friends and gazing at the stars.

We can’t wait to see more, do more, be more with all of our FDCC friends and family at The Broadmoor!

Casey Stansbury and Chrissy Vessels, Convention Chairs  
Brennan and Hadley Stansbury, Junior (but still very important) Convention Chairs  
Marisa Trasatti, Program Chair  
Sarah Falasco, Registration Chair  
Howard Merten and Roni Dash, President and First Lady

## SATURDAY JULY 22

## SUNDAY JULY 23

## MONDAY JULY 24

### MORNING

8:00am - 4:00pm	Registration
10:00am - 12:00pm	Officers Meeting

7:00am - 5:00pm	Registration
8:00am - 9:00am	Finance & Budget Meeting
9:00am - 10:00am	Foundation Meeting
10:00am - 3:00pm	Board of Directors Meeting

7:00am - 4:00pm	Registration
7:30am	Morning Walk
7:30am - 9:00am	Grab & Go Breakfast
8:00am - 9:30am	Voucher Breakfast
8:00am - 8:30am	Mindfulness for Lawyers Breathe
8:00am - 8:50am	Silicon Valley Banking Collapse and its Long-Term Ripple Effect
9:00am - 9:45am	Meeting Kick-Off
9:45am - 10:30am	The Magic of Believing
10:00am - 11:30am	Spouse and Guest Hospitality
10:30am - 10:45am	Break
10:45am - 11:45am	Civil Claims Arising from the Imposition of International Economic Sanctions and Economic Warfare

### AFTERNOON

12:00pm - 2:00pm	Executive Committee Meeting
2:00pm - 4:00pm	Admissions Committee Meeting
2:00pm - 4:00pm	Sites Committee Meeting
4:00pm - 5:30pm	Projects & Objectives Meeting

3:00pm - 5:00pm	State Representative Meeting
4:00pm - 5:30pm	Family Fun Fest

12:30pm - 5:30pm	<a href="#">Fly Fishing</a>
12:30pm - 5:00pm	<a href="#">Pike's Peak Cog Railway</a>
12:45pm - 4:00pm	<a href="#">Soaring Adventure</a>
1:00pm - 4:00pm	<a href="#">Garden of the Gods Jeep Tour</a>
1:00pm - 2:30pm	Photography Class
1:00pm - 2:15pm	Art & History Tour of The Broadmoor
1:30pm - 5:30pm	FDCC Golf Tournament
5:15pm - 6:45pm	New Member Orientation (By Invitation Only)

### EVENING

5:30pm - 6:30pm	Welcome Reception
6:30pm	Dinner on Your Own

6:30pm - 10:00pm	Kids' Adventures - Laissez le bon temps rouler!
7:00pm - 10:00pm	Mardi Gras President's Reception Laissez les bons temps rouler!

▶ ADMINISTRATIVE 
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## TUESDAY JULY 25

## WEDNESDAY JULY 26

## THURSDAY JULY 27

7:00am - 4:00pm	Registration	7:00am - 12:00pm	Registration	6:30am - 7:30am	Fun Run
7:00am - 7:45am	Diversity Breakfast	7:00am - 5:00pm	Nominating Committee	7:30am	Morning Walk
7:30am	Morning Walk	7:30am	Morning Walk	7:30am - 9:00am	Grab & Go Breakfast
7:30am - 9:00am	Grab & Go Breakfast	7:30am - 9:00am	Grab & Go Breakfast	8:00am - 9:30am	Voucher Breakfast
8:00am - 9:30am	Voucher Breakfast	8:00am - 9:30am	Voucher Breakfast	7:00am - 7:55am	Evolve Lab: A Hands-on Technology Workshop
7:55am - 8:25am	Top 10 Coverage Decisions of the Year & What Lies Ahead	8:00am - 8:50am	How to Make Insurance Companies Acceptable to Juries	7:55am - 8:25am	Fraternity Hazing
8:00am - 8:50am	Get Ready to be Revolutionized with Legal Tech and AI	8:00am - 8:30am	Mindfulness for Lawyers Body Awareness	8:00am - 8:30am	Mindfulness for Lawyers Understanding Emotions
8:00am - 8:50am	Flight Commands for Conflict Resolution by Mediation	9:00am - 9:45am	Maximizing Happiness to Support Success	8:25am - 8:55am	Cannabis' "New" Regulatory Scheme - Environmental Side Effects of Grow Operations and the Regulatory Programs that Apply
8:25am - 8:55am	Profile of Resilience	9:45am - 10:45am	Managing a Crisis in the Social Media Age	9:00am - 9:50am	Heard of Nuclear Verdicts, but what about Nuclear Settlements in Mass Claims?
9:00am - 9:45am	Everything Great Starts with Gratitude	10:00am - 11:00am	Book Club	9:55am - 11:10am	Annual Business Meeting
9:45am - 10:45am	Why Go Captive?	10:45am - 11:00am	Break	11:00am - 11:25am	Preview of Upcoming Meetings in St. Petersburg and Toronto
10:45am - 11:00am	Break	11:00am - 11:45am	Living Life Beyond Your Career	11:25am - 12:00pm	Keynote Coming Full Circle
11:00am - 11:50am	How to Effectively Communicate After a Cyber Attack				
11:50am - 12:00pm	Sponsors Spotlight				

MORNING

12:30pm - 5:30pm	<a href="#">White Water Rafting</a>	12:00pm - 1:00pm	Professional Women's Forum High Tea	12:30pm - 5:30pm	<a href="#">White Water Rafting</a>
12:30pm - 5:00pm	<a href="#">Rock Climbing in Red Rock Canyon</a>			12:30pm - 5:30pm	<a href="#">Fly Fishing</a>
1:00pm - 4:30pm	<a href="#">Horseback Riding</a>	12:30pm - 4:00pm	<a href="#">Garden of the Gods E-Biking</a>	12:30pm - 5:00pm	<a href="#">Pike's Peak Cog Railway</a>
1:00pm - 4:30pm	<a href="#">Garden of the Gods Mountain Biking</a>	12:45pm - 4:00pm	<a href="#">Soaring Adventure</a>	1:00pm - 4:00pm	<a href="#">Horseback Riding</a>
1:15pm - 4:00pm	<a href="#">Wild West Experience</a>	1:00pm - 4:00pm	<a href="#">Garden of the Gods Jeep Tour</a>	1:00pm - 4:00pm	<a href="#">Garden of the Gods Mountain Biking</a>
1:15pm - 4:00pm	<a href="#">Falconry</a>	1:00pm - 4:00pm	<a href="#">Explore Seven Falls</a>	1:15pm - 4:00pm	<a href="#">Wild West Experience</a>
		1:00pm - 4:00pm	<a href="#">Cooking Class at The French Kitchen</a>	1:30pm - 4:45pm	<a href="#">Garden of the Gods Segway Tour</a>
		1:00pm - 3:30pm	<a href="#">Pickleball Tournament</a>		
		1:30pm - 4:30pm	<a href="#">Garden of the Gods Hike</a>		

AFTERNOON

6:00pm - 10:00pm	Midway in the Mountains Theme Party	5:30pm - 8:30pm	Dine with us at the <a href="#">Cheyenne Mountain Zoo</a> (Ticketed Event) or dine on your own	6:30pm - 11:00pm	Kids' Adventures with Rocket Cars, Tomahawks, Bows, Targets, and More!
		9:00pm - 11:00pm	Dessert Party	7:00pm - 11:00pm	Diamonds and Denim Gala

EVENING

ADMINISTRATIVE SOCIAL PROGRAM

COLORADO SPRINGS, COLORADO

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# Family Fun at the Broadmoor

We are excited to offer loads of budget friendly, family fun!



*"Colorado is for kids!"*

Family Fun Fest will be silly, fun, and sure to break the ice. Kids can make new friends or catch up with old ones right at the start of the meeting.



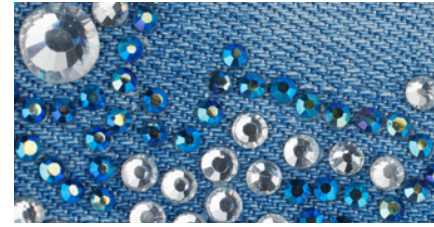
While the adults "let the good times roll" at the President's Reception Mardi Gras Celebration, kids ages 3 and up will have a party of their own! The younger kids will make Mardi Gras masks to take home, and after dinner, they will celebrate being in Olympic City, USA, by having their own Olympic activities, complete with medals. Teens will try to conquer their escape challenge, competing to see which teams can solve puzzles and complete tasks throughout the property.



Kids will love the sights, sounds, and smells of the FDCC Midway in the Mountains. Who doesn't love carnival games and delicious carnival inspired food?



Taking over the Cheyenne Mountain Zoo will be an event to remember. So much is packed into this small zoo and all will be treated to a delicious BBQ dinner, drinks, and all the animal adventures you could want! Feed giraffes, revel in the majesty of the big cats roar and watch otters as they frolic and play.



On Thursday night, while the adults unwind at the Diamonds and Denim Gala, the kids will enjoy their final adventure. After dinner together, the younger kids will be entertained by a musical storyteller before decorating and racing their very own bottle rocket cars. The teens will embark on a Wild West Adventure, where they will be able to hone their skills in archery, tomahawk throwing, and pellet gun shooting.

# Do More at The Broadmoor!

**Bicycles** Mountain bikes, fat-tire, and hybrid bikes are available for rent to explore the neighborhoods or trails surrounding The Broadmoor.



**Bowling Alley/Game Room** Come play at PLaY. With six lanes and a game room, plus bar food, you'll have a ball. [Reservations](#) are required for bowling, and separate reservations are required for dining.



**Broadmoor Golf Club** With two championship golf courses to challenge you, oh the stories you'll tell. The East Course, originally designed by Donald Ross in 1917, is one of twelve North American and Caribbean golf courses to receive a five-star rating by Golf Digest. The Course has hosted many tournaments, such as the 1959 U.S. Amateur Open (Jack Nicklaus' first win), the 1995 U.S. Women's Open (Annika Sorenstam's first major title), and the 2018 U.S. Senior Open. In 2025, The Broadmoor will host the U.S. Senior Open. The West Course will challenge you with more doglegs and steeply angled greens than the East Course. Home to many PGA Cup Matches, come and see how your game matches up.



**Fitness Center** Open daily from 5:30 a.m. to 7:00 p.m., the fitness center is free of charge and open to hotel guests. From weights to treadmills to fitness classes, you can find whatever you are looking for to work off last night's dinner.



## All Broadmoor's amenities ARE open to all convention attendees, whether they are staying at The Broadmoor or at an alternative location!



**Horseback Riding** Old Stage Riding Stables will provide you with trails that have views of the deep forest to panoramic mountain overlooks of Colorado Springs and the Pikes Peak region. Reservations are required.



**Movie Theater** Daily movies are shown if you want to beat the heat. Check out the [daily schedule](#) for movie showings and times.

**Paddleboats** Located at the Lakeside Boat Dock, paddleboats are first come, first served. Be sure to wave to your FDCC friends as you paddle around Cheyenne Lake.

**Dining** For over one hundred years, The Broadmoor has been recognized for locally and globally inspired cuisine. Dine at The Broadmoor's award-winning restaurants and cafes. But, be forewarned - make reservations now. These restaurants fill up early.

**Shopping** 19 specialty retail shops await you. From men's and women's clothing to fine art and precious gems, you can find that special souvenir.

**Spa** The Spa at The Broadmoor is known internationally for its innovative services and integrated approach to health and relaxation. From skin care to massages to full body treatments, there is something for all of our FDCC spa lovers. The Spa is known as the gem of the Rockies. Make reservations now.

**Swimming** Cool off in the 11,000 sq. ft. zero entry, infinity edge swimming pool on Cheyenne Lake. The pool complex features waterslides and two 14 person whirlpools, cabanas, and a fantastic grill.

# Accommodations

## The Broadmoor Resort

1 Lake Avenue  
Colorado Springs, CO 80906  
(855) 634-7711  
[www.broadmoor.com](http://www.broadmoor.com)

The FDCC has negotiated a room rate of \$375 per night, plus 10.20% tax and 2.95% public improvement fee, for a “run of house” [room](#). There is also a [daily resort charge](#) of \$39 per room, plus tax. Check-in time is after 4:00pm, and check-out time is 12:00pm. In the event you arrive early or need to depart later, the valet will be happy to check your luggage at the hotel bell stand.

The Broadmoor offers overnight valet parking for hotel guests for \$35 per night, or overnight self-parking is available in the hotel's garage for \$25 per night with full in and out privileges.

**Currently, our room block at The Broadmoor is sold out.** There are two important things you should know if you do not already have a room at The Broadmoor. First, other rooms may open up. While we cannot make any guarantees, another convention at the hotel is not filling its room block and it may return rooms to the hotel. If that happens, The Broadmoor will offer rooms to our members. If you interested in attending and do not yet have a room, sign up on the wait list by emailing [martha@thefederation.org](mailto:martha@thefederation.org). Second, other members have already registered and reserved accommodations elsewhere. We urge you to consider such options (see right). Don't miss this spectacular meeting.

**We have confirmed that registrants for our convention will have access to all of the amenities of The Broadmoor.**

## Other Options

### [Cheyenne Mountain Resort](#)

(a Dolce by Wyndham resort)  
3225 Broadmoor Valley Rd., Colorado Springs, CO

### [Doubletree Hotel Colorado Springs by Hilton](#)

1775 East Cheyenne Mountain Blvd., Colorado Springs, CO

### [The Courtyard by Marriott Colorado Springs South](#)

2570 Tenderfoot Hill St., Colorado Springs, CO

We do not have set room blocks with the hotels listed above, so prices may change. Summer is high season, and there are two other large conferences hosted at The Broadmoor at the same time as our meeting. Hotel rooms in the area are in high demand. Links are embedded to take you directly to the hotel's website for reservations. Book soon!

### Hotel Cancellations

All reservations are governed by individual hotel cancellation policies. The FDCC has no authority to modify the hotel's cancellation and refund policies. Please check policies on your hotel's website



**Staying at The Broadmoor and wish to cancel your hotel reservation?  
PLEASE CONTACT MARTHA HEINZE DIRECTLY - NOT THE BROADMOOR ([martha@thefederation.org](mailto:martha@thefederation.org))**

## Child Care

The FDCC will have special, age-appropriate programming for teens and children during the Presidential Reception on Monday night and during the Diamonds and Denim Gala on Thursday night. **Pre-registration is required.** Children must be at least 3 years old and fully potty trained to participate.

Teens and children of all ages are encouraged to attend the Sunday Welcome Reception, the Tuesday Midway theme party, and the Wednesday Zoo and Dessert Party events.

If you desire child care at any other time during the convention, The Broadmoor offers the Bee Bunch Camp for children age 3 to 12, with age-appropriate activities that include outdoor lessons, arts and crafts, STEAM activities, nature walks, field trips, and more. Half-day and full-day options are available. Sitters can also be arranged for days or evenings through Broadmoor Nannies. More information is available at [www.broadmoornannies.com](http://www.broadmoornannies.com) or by calling (719) 445-8216. Please note, however, that the FDCC does not warrant or certify the hotel's childcare services or make any representations about their quality standards or fitness. Please use at your own discretion.

## Meeting Registration

The early bird conference registration rate is \$1,995 for Defense Counsel members and \$850 for guests. Early bird registration ends on June 9, 2023. After that date, the rate is \$2,145 for Defense Counsel members and \$850 for guests.

Corporate and Industry members rate - \$695 and \$850 for guests

Emeritus Members and their guests rate - \$800.

The registration rates for children are tiered based upon age. Children 3 and under are complimentary. Children 4 to 11 are \$260, children 12 - 17 are \$425, and children 18-20 are \$650.

**We urge you to register online promptly to guarantee your selection of afternoon activities.** Visit the FDCC website for the online link. You may also use the "hard copy" registration form which was included with this brochure or that can be downloaded from the FDCC website. Registrations that are mailed will be processed in the order that they are received, and selected activities may not be available.

Registrations may also be faxed or scanned and emailed with credit card payment. **Registrations cannot be processed without payment, including afternoon activities.**

### Convention Registration Cancellation Deadline

A refund, less applicable credit card charges, will be granted if the notice of cancellation is received by the Executive Director before June 23, 2023.

A refund of all registration fees, less \$250.00, will be made if the notice of cancellation is received by the Executive Director on or after June 23, 2023, but before July 13, 2023.

A refund of all registration fees less \$500.00 will be made if the notice of cancellation is received by the Executive Director on or after July 13, 2023.

Activity charges may be refunded if the Vendor refunds fees or if another member fills the spot vacated by the cancellation.

# Be Aware and Be Prepared

## Getting there

The Broadmoor is easily accessible from both Colorado Springs Airport (COS) and from Denver International Airport (DEN). COS is approximately 15 minutes from The Broadmoor, DEN is approximately 90 minutes from The Broadmoor. One-way or round-trip transportation services are available from either COS or DEN to The Broadmoor through Gray Line Transportation ([www.broadmoor.com/grayline](http://www.broadmoor.com/grayline)) or by calling (855) 266-2522. Reservations are required at least 48 hours in advance. If traveling from and to DEN, however, a rental car is recommended.



## Dress Code and Weather

With daytime temperatures in the 70's and nighttime temperatures around 60 degrees, there is no better time to visit Colorado Springs than [July!](#)

Overall, The Broadmoor is a relaxed resort. Recreation wear and casual dress are the general standard for the [dress code](#).

For meetings and education sessions, we recommend business casual attire for attendees. Recommended attire for the evening events and specific activities is identified with each event. You will want to make sure to pack cocktail attire – preferably in purple, green, or gold – (and a wrap to keep you warm in the cool night air) for the Mardi Gras President's Reception. For the final night's Gala, you will want to bring your best denim and dress it up with lots of diamonds and sparkle.

## Elevation

The elevation of The Broadmoor, at more than 6,200 feet above sea level, can affect new arrivals. Take it easy, and remember to stay well hydrated!



### Special Accommodations

If you need any special accommodations, including special dietary restrictions/meals, ADA access, or other needs, please reach out to [martha@thefederation.org](mailto:martha@thefederation.org) in advance of the meeting. Reasonable notice is requested.

### FDCC FedNOW App

Prior to the meeting, the FDCC will post information about the FedNOW App. You will want to download and register for the App. It will allow you to stay abreast of all developments and announcements, to connect and communicate with members, and to share photographs. The full meeting schedule and locations of all meetings and events, including CLE, afternoon activities, and evening events, will be posted in the FedNOW App and updated accordingly.

### Charm - Bumblebee

The FDCC's First Lady has chosen gold charms to commemorate its meetings since 1960. This year's charm is the Bumblebee. The Bumblebee found its place in the history of The Broadmoor when the Chairman of the hotel purchased and re-assembled the contents of an 1800s English pub at The Broadmoor, naming it The Golden Bee. The Golden Bee continues to delight its customers today, as the lively wait staff is known for throwing embroidered bumblebee stickers across the room and sticking them to customer's clothes. As you walk around The Broadmoor, you will see the Bumblebee featured in various places, along with the ornate letter "B" that also symbolizes The Broadmoor.

Charms are specially ordered so please be sure to purchase your charm when you register. We cannot guarantee charms will be available if you do not pre-purchase.



### Name Badges Required

Your FDCC name badge is required for all FDCC events, both on and off site. The name badges are color-coded as follows:

- White - FDCC members and family
- Blue - FDCC members - first time attendees and family
- Green - FDCC members - second time attendees and family
- Yellow - Non FDCC member guests and family
- Orange - Guests under 21 years

### FDCC Alcohol Policy

The FDCC's policy is that alcohol shall be served at FDCC functions only to those attendees who are 21 years of age and older. FDCC members and/or guests who bring individuals to the Convention who are below the age of 21 will be expected to cooperate in the enforcement of this policy and to further assure that such underage individuals understand this policy.

### Reservation of Rights

The FDCC reserves the right to change the schedule, location, topics, speakers, and/or activities due to unforeseen circumstances.





## Fed Serves - Doing Good Locally

With the desire to do good work locally, FedServes has selected the Children's Hospital Colorado for its FedServes project. Children's Colorado is always in need of donations of fleece blankets to provide comfort and warmth to patients during their hospital stay. Hand-tied fleece blankets are simple to [make](#), and children relish the opportunity to select one to keep at a time when their personal choices are limited. We invite you to join us for a

half-hour or an hour to help make these blankets that will wrap these young patients in comfort and love.



Children's Colorado is also constantly looking for donations of toys, books, stuffed animals, craft materials, and other gifts to keep the many playrooms throughout the hospital well stocked and to help the children and families feel at home. Play supports the healing process for the children and is incorporated into many treatment plans. You can view their wish list of items [here](#). We will collect any donation items you would like to bring and will have them delivered to the hospital with the fleece blankets at the conclusion of the meeting.



*"Helping others is so sweet!"*



# Agenda

## Saturday, July 22

- 8:00am - 4:00pm Registration
- 10:00am - 12:00pm Officers Meeting
- 12:00pm - 2:00pm Executive Committee Meeting
- 2:00pm - 4:00pm Admissions Committee Meeting
- 2:00pm - 4:00pm Sites Committee Meeting
- 4:00pm - 5:30pm Projects & Objectives Meeting

## Sunday, July 23

- 7:00am - 5:00pm Registration
- 8:00am - 9:00am Finance & Budget Meeting
- 9:00am - 10:00am Foundation Meeting
- 10:00am - 3:00pm Board of Directors Meeting



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3:00pm - 5:00pm State Representative Meeting

4:00pm - 5:30pm Family Fun Fest

Right out of the gate, families will have a chance to meet up, connect, and set the stage for having fun for the rest of the week! Join us for games of “skill” and chance as we engage in some FDCC family friendly competition, and get a jump on building the lifelong, friendships that are one of the hallmarks of the FDCC!

5:30pm - 6:30pm Welcome Reception

After a long day of travel, come say hello to your FDCC family and friends on the West Lawn for our traditional Welcome Reception and meet some very special new friends, courtesy of the Cheyenne Mountain Zoo. Their ZOOMobile will be at our reception to welcome you to what will be an amazing meeting.

Dress code: Come as you are.  
Our animal friends are not dressing up.

6:30pm Dinner on Your Own

## Monday, July 24

7:00am - 4:00pm Registration

7:30am Morning Walk

Wake up and join us for a walk before breakfast. Our informal walks are a great time to catch up with old friends or make new ones. The walkers will meet each morning in the lobby of the main hotel, at the top of the escalators.

7:30am - 9:00am Grab & Go Breakfast

8:00am - 9:30am Voucher Breakfast

8:00am - 8:30am Mindfulness for Lawyers Mini Course -  
Session 1: Mindfulness of Breath

You've heard about mindfulness and know the studies saying it can help you improve focus, manage stress, and increase happiness. But do you understand why these benefits emerge or how to get started with a practice of your own? In three short sessions, FDCC member, mindfulness teacher, and author of *How to Be a Badass Lawyer*, Claire E. Parsons, will teach you basics of mindfulness of breath, body, and emotions.

Speaker: Claire E. Parsons, Partner,  
Wood + Lamping, LLP  
Cincinnati, OH

8:00am - 8:50am Silicon Valley Banking Collapse and  
its Long-Term Ripple Effect

The tech sector was hit hard in late 2022 and early 2023 which resulted in mass layoffs. This collapse is one more setback for the industry. Join us in a case study discussion on the cause of the bank collapse, its impact on startup companies, and the long-term financing ramifications it could have on this sector.

Speakers: Steve Ganis, Member, Mintz, Levin, Cohn, Ferris, Glovsky, and Popeo, P.C., San Francisco, CA  
Daniel J. Herling, Member, Mintz, Levin, Cohn, Ferris, Glovsky, and Popeo, P.C., San Francisco, CA

9:00am - 9:45am Meeting Kick-Off

Welcome to the Rockies; Introductory Remarks; Introduction of Past Presidents and New Members; Introduction of Sister Organizations

9:45am - 10:30am The Magic of Believing

Personal and professional successes start with believing. You're not in Kansas anymore! Learn the small steps you too can take to "Believe More" in yourself and others as depicted by Dorothy in everyone's favorite classic movie, *The Wizard of Oz*. This light-hearted presentation is sure to add some pep to your step!

Speaker: Todd A. Sternbach, Vice President Operations,  
Sciton, Nesconset, NY

10:00am - 11:30am Spouse and Guest Hospitality

Come and catch up with old FDCC friends and meet new ones. New members' spouses and guests are especially welcome and encouraged to attend, as are all children!

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2023 FDCC ANNUAL MEETING





10:30am – 10:45am Break

10:45am – 11:45am Civil Claims Arising from the Imposition of International Economic Sanctions and Economic Warfare  
Section: International Law

The U.S., Canadian, Irish, and German governments (among others) issued far-reaching economic sanctions against the Russian Federation and Belarus, individual members of the Russian Federation Council who ratified the decision to invade the Ukraine, and other individuals in Russia and Belarus who have been identified as receiving a significant benefit from the invasion. The imposition of these sanctions is both unprecedented and far reaching, disrupting private contractual relationships throughout the world, the investment portfolios of thousands of publicly traded and private corporations and has impacted aviation. This international panel will discuss the ramifications of the issuance of this type of economic sanctions on private corporations, the litigation that has been issued, and the defense perspective on the available defenses.

Moderator: Heather A. Sanderson, Partner, Sanderson Law, Calgary, Canada

Speakers: Christof Gaudig, Partner, Oppenhoff, Cologne, Germany

Clay S. Hunter, Partner, Paterson MacDougall, LLP, Toronto, Canada

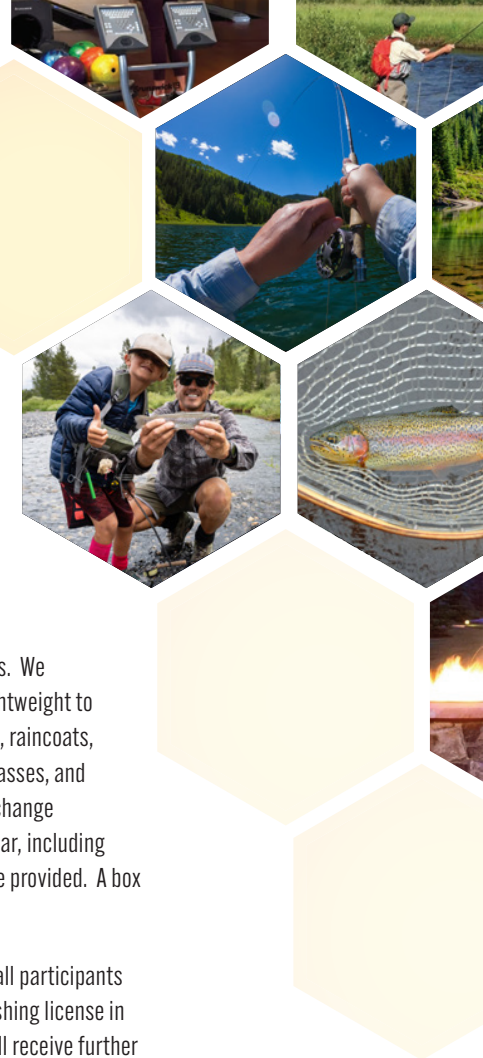
12:30pm – 5:30pm [Fly Fishing](#) Cost: \$250.00

Join a professional guide for an exciting day on the water, surrounded by inspiring vistas, as you engage in the art of fly fishing. Enjoy this once-in-a-lifetime chance to catch the big fish of your dreams in a spectacular setting. Because all

fishing is catch and release, you may also increase the size of the fish you catch as you recount your adventures free of charge.

You will take a short, thirty-minute ride to Pike National Forest where you will gear up and spend three hours fishing on a stocked reservoir at the base of Pikes Peak, so it is perfect for beginners. We recommend long sleeve shirts that are lightweight to protect from the sun, shorts or light pants, raincoats, baseball hats, long socks, polarized sunglasses, and sunscreen. You also may want to bring a change of clothes for the ride home as well. All gear, including waders, boots, rods, reels, and flies, will be provided. A box lunch is included with this excursion.

Please note that the outfitter will require all participants aged 16 or older to purchase a Colorado fishing license in advance of the excursion. Participants will receive further information regarding this requirement after registration has been processed.



12:30pm - 5:00pm [Pike's Peak Cog Railway](#) Cost: \$130.00

This year is the railway's 130th anniversary. The Cog Railway departs Manitou Springs at 6,320 feet and will reach the top of Pikes Peak at 14,115 feet. The scenic trip takes one hour and ten minutes each way, and we will spend about forty minutes exploring at the summit. All aboard for this accessible and picturesque ride to the top of the world.

Because of the high altitude, this excursion is not recommended for anyone with a history of cardiac or respiratory problems. Lightheadedness and disorientation can occur at this elevation, and people with existing health issues and people who cannot communicate their symptoms should proceed with caution. Good hydration is paramount to avoid the effects of high altitude, so be sure to drink lots of water! Please also note the railway does not allow strollers due to space, and be sure to dress in layers as the temperature will decrease with increased elevation. A box lunch is included with this excursion.

12:45pm - 4:00pm [Soaring Adventure](#) Cost: \$225.00

The Broadmoor's Soaring Adventure was voted number 10 on the Travelers' Choice Best of the Best Things to Do list by TripAdvisor. Experience the exhilaration of Seven Falls with a high-flying adventure that propels you across "The Grandest Mile of Scenery in Colorado". Located in the secluded South Cheyenne Canyon, The Broadmoor Soaring Adventure consists of five zip lines that get longer as you fly through your aerial adventure. Cruise over pines, creeks, valleys, a natural granite arch, midnight falls and trails leading to seven falls.

Participants must wear closed toe shoes, where toes are covered in one solid enclosure, such as tennis or hiking shoes. Otherwise, dress in comfortable, recreational clothing. Most zip lines are in the sun, so sunscreen and sunglasses are advisable. Small

pouches are available for wallets, cell phones, keys, etc. in case you want to bring them on the zip lines. Large cameras, backpacks, and bulky items are not allowed on the course. **Weight restrictions are between 90 and 250 pounds and are strictly enforced.**

A box lunch is included with this excursion.

1:00pm - 4:00pm [Garden of the Gods Jeep Tour](#) Cost: \$100.00

On this tour, you'll see some of the most amazing sights of the Rocky Mountains on a guided tour by Jeep. Learn about the old west and the breathtaking landscape that is known as the Garden of the Gods. The tour will highlight western scenery and some of Colorado Springs' most famous historical sights. In the open-air Jeeps, your photo opportunities are unobstructed!

Comfortable, recreational clothes are recommended. The Jeep tour is open to all ages, but please bring any booster seats or car seats that may be needed to accommodate children of young ages.

1:00pm - 2:30pm [Photography Class](#) Cost: \$40.00

Improve your smart phone photography skills with Sandy Evans of [Wild Prairie Photography](#). Sandy is a natural light, family and couples photographer based in Colorado Springs, Colorado. Join this special crash course in understanding your smart phone camera better. Learn both technical and creative skills that will guide you in making purposeful choices when using your phone's built-in camera. Simple photography tricks and a little bit of techy knowledge will get you going in our world full of digital everything. This class includes a take-home guide to help keep your new skills at your fingertips.

1:00pm - 2:15pm [Art & History Tour of The Broadmoor](#)  
Cost: \$10.00

Explore The Broadmoor's unique history and one of the finest collections of Western Art in the world. Broadmoor tour guides

will walk you through an almost forgotten time as shown through the eyes and palettes of some of the greatest artists in the world. Learn how these paintings, and the artists who created them, chronicled the taming of the American West.

1:30pm - 5:30pm FDCC Golf Tournament  
Cost: \$310.00

At 6,800 feet, the West Course abounds with doglegs and steeply-angled greens, and it offers breathtaking views of the mountains and Colorado Springs. A combination of the 1918 Donald Ross design and the Robert Trent Jones Sr. 1964 design, the [West Course](#) will offer a challenging and rewarding round of golf. The tournament will be a scramble format, so all skill levels are welcome. Once again, your tournament director will be Gary Johnsen.

The fee per player is inclusive of the green fee, cart fee, practice range, bag storage, locker room usage, and all golf tournament administration. Rental clubs are available from the pro shop for \$90.59, which includes a set of clubs and a sleeve of golf balls. Shoes are also available for [rental](#) from the pro shop for a separate fee. A box lunch will also be provided. So come tee it up, and see how your game measures up.

The Broadmoor requires that all guests are properly attired while on the golf courses. Men are required to wear a shirt with a collar, and ladies are required to wear a blouse with a collar or sleeves. Ladies' and men's shorts are to be Bermuda length. Soft spikes are required. Inappropriate attire may result in being denied access to golf facilities.

5:15pm - 6:45pm New Member Orientation  
(By Invitation Only)

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*I forgot  
my  
Bee-d's!*

6:30pm - 10:00pm Kids' Adventures -  
Laissez le bon  
temps rouler!

This year, we have split the kid's program into two age groups. For our younger attendees, age 3 to 11 years old, dinner will be followed by Olympics night. Colorado Springs is known as Olympic City, USA! Colorado Springs is home to the Olympic Training Center and the brand new Olympic and Paralympic Museum. During this activity, the kids will get to design their own fabric flag and compete in a variety of activities for medals. After the Olympic events, children will be entertained with a movie and craft projects.

For our teens, age 12 and up, dinner will be followed by an "Escape Room in a Bag." Our teens will be broken up into small groups (with an adult chaperone) and introduced to our "Escape Room in a Bag." They will need to solve a variety of puzzles and explore the property to find clues to open that final lock and "escape".

7:00pm - 10:00pm Mardi Gras President's Reception  
"Laissez les bons temps rouler!"

Join us for a Mardi Gras Ball in the Mountains to honor Howard Merten and Roni Dash, our President and First Lady! Our menu will be inspired by the best party in the world. We will also have a surprise during the party for all who attend. So, put on your best party attire, and let the good times roll!

The dress code for this event is cocktail dress attire, and you are encouraged to wear traditional Mardi Gras colors - purple, green, and gold. This will be an outdoors event so be prepared with a wrap to keep you warm from any evening chill.

## Tuesday, July 25

7:00am - 4:00pm Registration

7:00am - 7:45am Diversity Breakfast

Meet for breakfast for a casual free-flowing discussion among our diverse members. Further details to follow.

7:30am Morning Walk

Wake up and join us for a walk before breakfast. Our informal walks are a great time to catch up with old friends or make new ones. The walkers will meet each morning in the lobby of the main hotel, at the top of the escalators.

7:30am - 9:00am Grab & Go Breakfast

8:00am - 9:30am Voucher Breakfast

7:55am - 8:25am Top 10 Coverage Decisions of the Year  
& What Lies Ahead  
Section: Insurance Coverage

Having culled through many decisions in 2022, we will unveil the top 10 most influential coverage decisions and look ahead to significant decisions anticipated in 2023.

Speaker: Maria (Ria) L. Cousineau,  
Cozen O'Connor, Los Angeles, CA

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2023 FDCC ANNUAL MEETING



8:00am - 8:50am Get Ready to be Revolutionized with Legal Tech and AI  
Section: Law Practice Management

Tackle innovation trends facing legal practitioners fueled by many factors including a pandemic hiatus. This conversation will look at key technological products streamlining our legal practices and law firm efficiency. FDCC Lead Techie, Steve Embry, will show us some cutting-edge products to make our lives and those of our teams easier. He will be joined by FDCC Defense Counsel & Past President Bob Christie and Tara Cheever of LIT SOFTWARE.

Speakers: Stephen E. Embry, Embry Law, Louisville, KY  
Robert L. Christie, Principal, Christie Law Group PLLC, Seattle, WA  
Tara B. Cheever, Co-Founder, LIT SOFTWARE, Coral Gables, FL

8:00am - 8:50am Part 2 of a Four-Part Series of Flight Commands for Conflict Resolution by Mediation  
Section: Alternative Dispute Resolution

As a mediator and as an advocate/negotiator, Flight Instructions serve as a guide to opening the negotiations help with taxiing and lift-off. Backtracking from a prior demand or offer, opening the negotiations outside any realm of reason, personal attacks, arguing a position that does not comport with applicable law are counterproductive. We will explore methods and strategies to help mediators and advocates deal with the counterproductive and will offer tips to best handle the opening.

Moderator: Marc H. Harwell, Harwell & Hurst PLLC, Chattanooga, TN

Speakers: Jean M. Lawler, Lawler ADR Services, Los Angeles, CA  
John C. Trimble, Partner, Lewis Wagner, LLP, Indianapolis, IN

8:25am - 8:55am Profile of Resilience

Join Chris Davis as he shares his story and life lessons learned after becoming paraplegic. He will take a deep dive into how resiliency can change your outlook and your life.

Speaker: Christopher J. Davis, Shareholder/Director, Crowe & Dunlevy, Tulsa, OK

9:00am - 9:45am Everything Great Starts with Gratitude

Ready to be uplifted and energized, by a modern-day Renaissance woman? Bring your coffee and an open mind and join FDCC family member, Anne Genevieve Gallivan Templeton, on her journey to gratitude. Once people realize they have a lot to be grateful for in their past, rather than exclusively looking toward the future, they are closer to reaching happiness and their goals. Tune in to learn about the power of gratitude and the benefits that come with it.

Speaker: Anne Genevieve Gallivan Templeton, Writer, Artist, Designer, Speaker, and Non-Profit Executive, Greenville, SC



9:45am - 10:45am Why Go Captive? What's on the Horizon and What is Fueling the Growing Captive Market

Captive formation is on the rise, and you need to know the basics! Come to our “captive” bootcamp lead by Russell Young, Vermont native and captive expert! Did you know Side A Coverage can go into a captive? Did you know Vermont is the hot bed for captive formation? How about the difference between a direct captive and fronted captive? Well, you need to get out your marble notebook and join us for this emerging area of advice that your clients may want to explore. The ability for companies to reduce total cost of risk and manage their own risk exposure makes captives appealing.

Speakers: Russell A. Young, Attorney, Primmer Piper Eggleston & Cramer PC, Burlington, VT  
Michael C. O'Malley, Managing Director, Strategic Risk Solutions, Concord, MA

10:45am - 11:00am Break

11:00am - 11:50am How to Effectively Communicate After a Cyber Attack When the Attack Hits Your Law Firm and/or Client  
Section: Data Breach

Cybercrime is forever evolving and on the rise. For organizations around the globe, cyberattacks are no longer an “if” but a “when.” Learn the top tips for avoiding a cyberattack, powering through an attack, and managing communications after one has occurred.

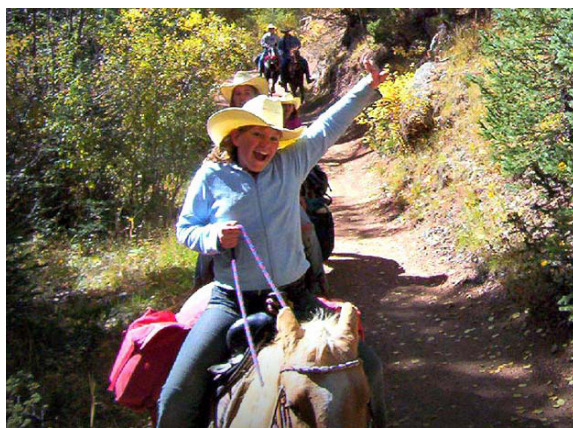
Speakers Sean C. Griffin, Dykema Gossett PLLC, Washington, D.C.  
Rod Hughes, President, Kimball Hughes Public Relations, Philadelphia, PA  
Adam P. Sorini, Ph.D., Principal Scientist, Exponent, San Francisco, CA

11:50am - 12:00pm Spotlight on the Sponsors

12:30pm - 5:30pm [White Water Rafting](#) Cost: \$230.00

From white water to gentle rapids, Colorado is known around the world for its white water rafting. You will take an hour bus ride to Cañon City, where you will embark on a rafting trip down the Arkansas River in Bighorn Sheep Canyon. This 10-mile Arkansas River rafting trip offers Class II - III white water with rapids named Prelude and 3 Rocks Falls within the first mile. You will also encounter rapids named Five Points, Spikebuck, Sharks Tooth, Double Dip, Puppy, and more! Towering canyon walls, sightings of bighorn sheep and other wildlife, and world-class white water rafting await you!

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The minimum age to go white water rafting is 8 years old. You will be provided with a life jacket, a helmet, and a splash jacket. Please wear quick drying clothes and shoes or sandals that have straps. It is also recommended that you bring a towel with change of clothes, sunscreen, and water bottle. A box lunch is included with this excursion.

12:30pm - 5:00pm [Rock Climbing in Red Rock Canyon](#)  
Cost: \$100.00

Nestled against the Front Range of the Garden of the Gods, Red Rock Canyon provides some of the best rock climbing in the west. Over 90 bolted routes up to 130 feet high offer amazing views of the Pikes Peak region. The "Vertical Limit" climbing trip offers lots of climbing, and it is tailored to any skill level, from beginner to advanced climbers. Learn basic rock-climbing skills, including equipment, knots, belaying, descending, and climbing movement. This is a once in a lifetime opportunity to climb with the best on challenging, but do-able, natural routes.

Wear comfortable, recreational clothing. All climbing equipment and shoes, water, and transportation are included. A box lunch is included with this excursion.

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1:00pm - 4:30pm  
[Horseback Riding](#)  
Cost: \$190.00

Go back in time to when the west was wild. At Old Stage Riding Stables, you will have a guided tour through the path used by stagecoaches years ago that connected Colorado Springs with the historic mining town of Cripple Creek. Whether you love to ride horses or want to be more like a character from Yellowstone, this is your chance. This excursion will offer a beautiful 90-minute riding experience that escorts you through trails with mountain views, the possibility to spot over 100 varieties of wildflowers, and possibly some forest fauna. Mule deer, elk, Abert squirrels, and other indigenous animals are not an uncommon sight. You will also learn about the local historic areas along the way.

You should wear closed toe shoes, some comfortable pants and a shirt that is not overly restrictive. The minimum age to ride is 8 years old, and maximum weight is 200 pounds.



1:00pm - 4:30pm [Garden of the Gods Mountain Biking](#)  
Cost: \$155.00

Tour the Garden of the Gods on a mountain bike. See the pink, red and white sandstone “fins” formed millions of years ago when the Rocky Mountains and Pikes Peak were formed. The ride tours the Garden of the Gods along paved bike paths and gentle singletrack trails. If mountain biking is your thing, this excursion is a must for you.

Wear recreational gear that is comfortable for cycling. You will be provided with a specialized mountain bike, helmet, reflective safety wear vests, and water. Children must be at least 4’10” to ride, and all guests must be under 250 pounds to ride.

1:15pm - 4:00pm [Wild West Experience](#) Cost: \$190.00

Your Wild West Experience begins with a ride up Old Stage Road, the stage-coach route used by those making their way to the gold-mining communities of Victor and Cripple Creek. Once off the Stage Road, you will find yourself in the forested canyon floor of South Cheyenne Creek, where Ponderosa Pine and Douglas Fir whisper in the breeze and the creek flows toward Seven Falls Park, far below in the canyon. This hidden canyon is where you will learn and hone the skills once necessary to survive in the Wild West!

Standing archery targets offer a chance to perfect your aim before you head through the forest to a walking range where 3-D targets of critters and varmints will be waiting for you. Once you’ve made your way through the archery range, you will exchange your bow and arrow for tomahawks. You will be shown the proper technique for tomahawk throwing and will have the opportunity to throw at three hanging targets made from thick slices of local timber. After you have stuck your tomahawks, you will head to the pellet gun range.

Comfortable, recreational clothing is recommended. Participants must be a minimum of 5-years old to participate. Safety glass,

equipment, and water will be provided. (Please take note - the Wild West Experience is part of the Kid’s Adventure night on Thursday for kids ages 12 - 17.)



1:15pm - 4:00pm [Falconry](#) Cost: \$203.00

Experience “The Sport of Kings” through this unique opportunity that allows you an up-close encounter with majestic birds of prey. An experienced falconer will introduce you to the fleet of birds and discuss the unique characteristics of each species, along with the history of this 4000-year-old tradition. At the flying field, you will experience a free-flight demonstration of the training tactics and witness the splendor of these magnificent creatures as they fly in and around your group at the command of the falconer. The experience will be capped off with the opportunity to hold one of the trained birds.

Participants must be five years or older to participate in this activity.



6:00pm - 10:00pm Midway in the Mountains Theme Party

Come clown around with your FDCC family and friends as we bring the excitement of a carnival midway to The Broadmoor! Be ready to try your hand at games of skill and games of chance. Did you say giant bouncy obstacle course? Yes! Did you say face painting? Yes! Indulge in traditional carnival fare, or opt for more elevated, seafood options inspired by our President and First Lady's New England roots. You never know what surprises may await.

This will be a casual, outdoors event, but be sure to dress for the expected cooler night weather.



*So much  
fun the  
whole hive  
will be  
there*

## Wednesday, July 26

7:00am - 12:00pm Registration

7:00am - 5:00pm Nominating Committee

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7:30am Morning Walk

Wake up and join us for a walk before breakfast. Our informal walks are a great time to catch up with old friends or make new ones. The walkers will meet each morning in the lobby of the main hotel, at the top of the escalators.

7:30am - 9:00am Grab & Go Breakfast

8:00am - 9:30am Voucher Breakfast

8:00am - 8:50am How to Make Insurance Companies  
Acceptable to Juries  
Section: Alternative Dispute Resolution

Jurors aren't enamored with the insurance industry these days, and these negative sentiments can make your insurance defense case an uphill battle. Good news - unfavorable opinions don't have to be the death sentence for your case! Join Andy Downs and Stuart Simon to learn tips and tricks to give your case the boost it needs.

Speakers: Andrew B. Downs, Shareholder, Bullivant Houser, San Francisco, CA  
Stuart A. Simon, Principal Consultant, American Jury Centers, Hailey, ID



8:00am - 8:30am Mindfulness for Lawyers  
Mini Course - Session 2:  
Body Awareness

You've heard about mindfulness and know the studies saying it can help you improve focus, manage stress, and increase happiness. But do you understand why these benefits emerge or how to get started with a practice of your own? In three short sessions, FDCC member, mindfulness teacher, and author of *How to Be a Badass Lawyer*, Claire E. Parsons, will teach you basics of mindfulness of breath, body, and emotions.

Speaker: Claire E. Parsons,  
Partner, Wood + Lamping,  
LLP, Cincinnati, OH



9:00am - 9:45am Maximizing Happiness to  
Support Success

The Great Resignation. Burnout. Remote Work. Hybrid Work. Return to Work. We all know the way we work has changed radically over the past several years. As law firm leaders, client service providers, people managers and business owners, understanding how to create a culture that encourages employee engagement and satisfaction (including our own) is critical to the future of work. Join Becky Morrison - lawyer turned coach and author - as she discusses research-backed ways to make high-value investments in happiness that support success at the individual, team, and organization levels. Who doesn't want to be happy at work? Come on, folks, join us for this interactive presentation.

Speaker: Rebecca C. Morrison, Coach/Author  
of *The Happiness Recipe*

9:45am - 10:45am Managing a Crisis in the Social Media  
Age: Tips for Lawyers and Leaders

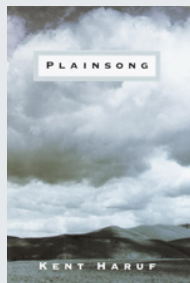
Fake news or real news. Viral posts in social media. Random attacks versus orchestrated attacks. In today's world, it has never been easier for others to influence the way people think about your brand, whether you are a company, law firm or individual. Without warning, you are engulfed in a firestorm, taking heat from the media, internet, employees, shareholders, or others. What do you do? Knowing what to do in such a crisis and how to use social media and other tools to protect and restore reputations is critical. Come hear our very own Tim Pratt, joined by world-renowned crisis management expert, Simon Barker of Blue Moon Consulting Group, who will share stories, tools, and tips for dealing with a crisis in this crazy age.

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Speakers: Timothy A. Pratt, formerly of Boston Scientific, Kansas City, CO  
Simon R. Barker, Managing Partner, Blue Moon Consulting Group, Inc., Denver, CO

#### 10:00am - 11:00am Book Club

Join us as Susan Gausnell leads our FDCC Book Club in a discussion of the bestselling novel, [Plainsong](#), by Kent Haruf. Set in the fictional town of Holt, Colorado, Plainsong tells the interlocking stories of some of the town's inhabitants. Utterly true to the rhythms and patters of life, Plainsong is a novel to care about, believe in, and learn from.



The title comes from a type of unadorned music sung in Christian churches, and it is a reference to both the Great Plains setting and the simple style of the writing. The New York Times called it “a novel so foursquare, so delicate and lovely, that it has the power to exalt the reader.”

It is not necessary to have read the book to enjoy this meeting. The conversations are always lively and interesting, and they might even inspire you to read the book. At the end of the meeting, members also discuss what books they have enjoyed recently.

#### 10:45am - 11:00am Break

#### 11:00am - 11:50am Living Life Beyond Your Career Section: Law Practice Management

How can you walk away from decades of practice to the next stage of your life? We lawyers often wrap our identity around our careers. What happens when that career is coming to a close? How do we live lives that enable us to go beyond the label of “lawyer”? The

panel will have an authentic, transparent, and at times, challenging conversation about life post-practice.

Moderator: Francisco Ramos, Jr., Partner, Clarke Silvergate, Miami, FL

Speakers: Edward M. Kaplan, Retired Member, Sulloway & Hollis, Concord, NH  
Sheryl J. Willert, Member, Williams Kastner, Seattle, WA  
Robert E. Scott, Jr., Of Counsel, Cipriani & Werner, Hunt Valley, MD  
H. Mills Gallivan, Partner, Gallivan White Boyd, Greenville, SC  
Robert T. Coleman, Wealth Advisor, Foster Victor Wealth Advisors, Greenville, SC  
Dan D. Kohane, Member, Hurwitz Fine PC, Buffalo, NY  
Victoria H. Roberts, Principal, Roberts Claim Consults LLC, Scottsdale, AZ

#### 12:00pm - 1:00pm Professional Women's Forum High Tea

A 2021 study found that two-thirds of female lawyers experience moderate to severe stress. Can you relate? Join Becky Morrison - Former Attorney, Happiness Coach and author of *The Happiness Recipe* - for an interactive session loaded with practical, accessible and science-backed tools you can use to better manage stress, find happiness, and support success. Radical life transformation NOT required. We will have a first-of-its kind High Tea with light fare for lunch. It will be a memorable experience with some great insights that you don't want to miss! There is no charge to attend, but attendance is limited to 40 people.

Speaker: Rebecca C. Morrison, Coach/Author of *The Happiness Recipe*

12:30pm - 4:00pm [Garden of the Gods E-Biking](#) Cost: \$220.00

Take a bike tour through the Garden of the Gods, guided on the best route to experience all that the area has to offer, and do it with the assistance of an e-bike. See the Garden of the Gods up close as you navigate and explore some of the most breathtaking vistas and views in America. Although the tour will require some effort as you ride up and down the flowing road around the park, this e-biking option will help propel you along.

This activity is restricted to adults and teens who can ride a bike, and it has a minimum height requirement of 5'3". There is also a maximum weight limit of 250 pounds. Wear weather appropriate, comfortable, recreational attire with closed toe shoes. A box lunch is included with this excursion.

12:30pm - 4:30pm [Cooking Class at The French Kitchen](#)  
Cost: \$200.00

Join us as you refine your home chef skills at this state-of-the-art Teaching Kitchen! The French Kitchen Culinary Center is a top-rated culinary experience you won't want to miss. It is a place of togetherness that combines a bakery, a café, a market, and a cooking school all in one. They believe nothing connects people more than food, and that sentiment is a popular mantra of many of our members as well. So, put on your apron, roll up your sleeves, and wash your hands to cut, mix, and knead your way through exclusive French Kitchen recipes with a group of your FDCC besties. Once the cooking is complete, we will get to enjoy the fruits of our labor with a lovely wine pairing.

You will be standing and cooking for most of the class, so please wear comfortable clothes that can be worked in, comfortable close-toed shoes, long hair tied back, and no loose jewelry. Accommodations can be made as needed too, with advance notice, as the teaching kitchen is ADA compliant. Teens age 13 and older can attend class with an adult.

12:45pm - 4:00pm [Soaring Adventure](#) Cost: \$225.00

The Broadmoor's Soaring Adventure was voted number 10 on the Travelers' Choice Best of the Best Things to Do list by TripAdvisor. Experience the exhilaration of Seven Falls with a high-flying adventure that propels you across "The Grandest Mile of Scenery in Colorado". Located in the secluded South Cheyenne Canyon. The Broadmoor Soaring Adventure consists of five zip lines that get longer as you fly through your arial adventure, Cruise over pines, creeks, valleys, a natural granite arch, midnight falls and trails leading to seven falls.

Participants must wear closed toe shoes, where toes are covered in one solid enclosure, such as tennis or hiking shoes. Otherwise, dress in comfortable, recreational clothing. Most zip lines are

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in the sun, so sunscreen and sunglasses are advisable. Small pouches are available for wallets, cell phones, keys, etc. in case you want to bring them on the zip lines. Large cameras, backpacks, and bulky items are not allowed on the course. **Weight restrictions are between 90 and 250 pounds and are strictly enforced.**

A box lunch is included with this excursion.

1:00pm - 4:00pm [Garden of the Gods Jeep Tour](#)  
Cost: \$100.00

On this tour, you'll see some of the most amazing sights of the Rocky Mountains on a guided tour by Jeep. Learn about the old west and the breathtaking landscape that is known as the Garden of the Gods. The tour will highlight western scenery and some of Colorado Springs' most famous historical sights. In the open-air Jeeps, your photo opportunities are unobstructed!

Comfortable, recreational clothes are recommended. The Jeep tour is open to all ages, but please bring any booster seats or car seats that may be needed to accommodate children of young ages.

1:00pm - 3:30pm [Explore Seven Falls](#) Cost: \$20

Less than a mile from The Broadmoor, Seven Falls is one of Colorado's most captivating natural wonders. The only waterfall in the state on National Geographic's list of International Waterfalls, and often called "The Grandest Mile of Scenery in Colorado." Seven Falls is situated in a 1,250-foot wall box canyon between the towering Pillars of Hercules. Take in stunning valleys, striking rock formations and golden prairies as you climb the challenging 224 steps to the hiking trails and the banks of glistening streams that feed the falls, and Seven Falls' 181-foot drop of falling water.

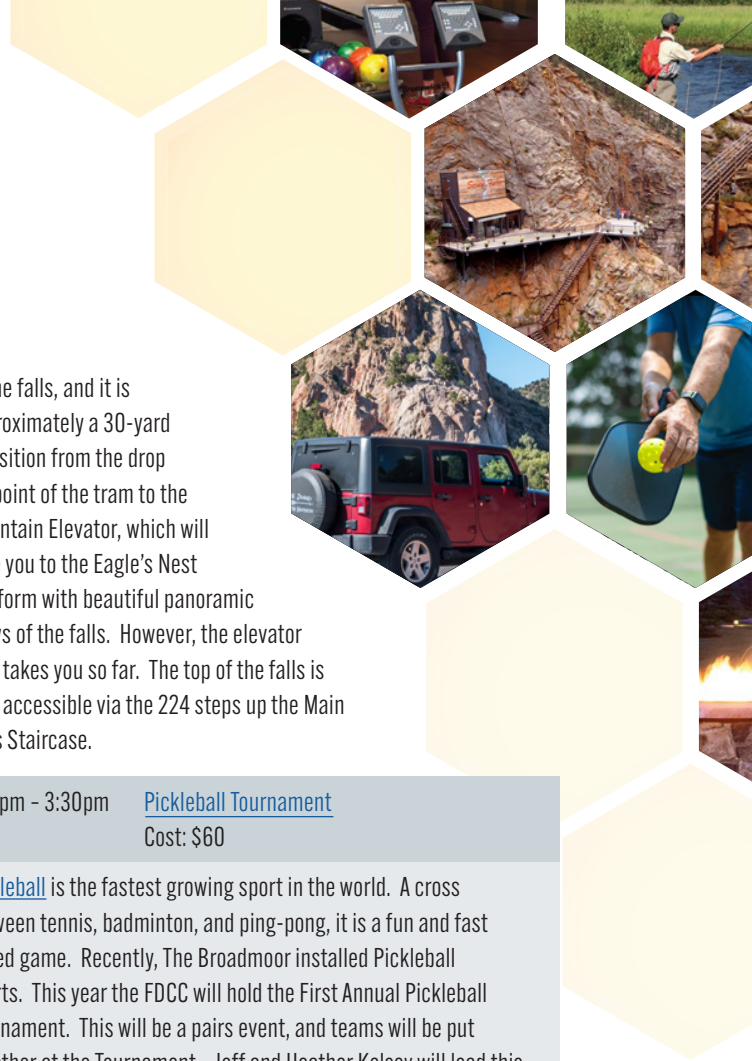
Closed toe shoes are recommended. The park is stroller and wheelchair accessible, but please note that there is an approximate 100-yard transition from the drop off point of the tram to the base

of the falls, and it is approximately a 30-yard transition from the drop off point of the tram to the Mountain Elevator, which will take you to the Eagle's Nest platform with beautiful panoramic views of the falls. However, the elevator only takes you so far. The top of the falls is only accessible via the 224 steps up the Main Falls Staircase.

1:00pm - 3:30pm [Pickleball Tournament](#)  
Cost: \$60

[Pickleball](#) is the fastest growing sport in the world. A cross between tennis, badminton, and ping-pong, it is a fun and fast paced game. Recently, The Broadmoor installed Pickleball courts. This year the FDCC will hold the First Annual Pickleball Tournament. This will be a pairs event, and teams will be put together at the Tournament. Jeff and Heather Kelsey will lead this round-robin competition as we see which duo will come out the winner. Start your [training](#), brush up on the [rules](#), and come join us for some fun pickleballing!

Proper tennis/pickleball [attire](#), including proper tennis/pickleball shoes are required. Dark-soled, running, or hiking shoes are not allowed and may cause injury. Comfortable, athletic attire that allows for mobility is recommended. Bathing attire, jeans, sports bras without a shirt covering for women, sleeveless shirts for men, and sandals are deemed inappropriate.



1:30pm - 4:30pm [Garden of the Gods Hike](#) Cost: \$65.00

Take a 2.5-mile guided hike along the Palmer Trail, as you see the Garden of the Gods up close and personal. As you hike, you will be left in awe of the natural splendor and abundant wildlife that await you. Take in vistas that include unbelievable rock formations and views of Pikes Peak and the Manitou Springs incline. This moderate trail includes views of the entire park and will take you both on and off pavement. It is considered an intermediate trail.

Please wear comfortable, recreational clothing appropriate for the weather. Appropriate footwear with closed toes that can be laced up are required. Sunscreen, a light jacket, and an appetite for adventure are recommended accompaniments.

## DINE AROUND NIGHT



5:30pm - 8:30pm Dine with us at the [Cheyenne Mountain Zoo](#) (Ticketed Event)  
Cost: \$95 for Adults 21+, \$75 Ages 13-20  
\$65 Ages 12 and under

Help us take over the zoo for dinner and a fun-filled night with your favorite animal friends! The FDCC will have the exclusive use of this amazing zoo for the evening, and dinner and drinks will be included. (Shhhhh. We have the giraffes all to ourselves!) You don't have to worry about dinner reservations or dressing up. Come as you are, and enjoy feeding yourself or feeding a giraffe!

ALTERNATIVE: Dine Around night on your own with friends.

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2023 FDCC ANNUAL MEETING

9:00pm - 11:00pm Dessert Party

After dinner, come enjoy an FDCC tradition, and indulge in an amazing assortment of desserts presented by the talented culinary artists of The Broadmoor.

## Thursday, July 27

6:30am - 7:30am Fun Run

Come join us for our 5k walk/run. This year's course will highlight The Broadmoor and its beauty. Water will be provided at the end of the race.

7:00am - 7:55am Evolve Lab: A Hands-on Technology Workshop

Attend this one-hour session if you are interested in transforming the way you think about becoming more organized and productive at the highest levels. This session will be presented by the Evolve Committee of FDCC for the benefit of members. However, anyone interested in being introduced to the wonders and benefits of utilizing the iPad Pro should attend. You will leave the session with a better understanding of how the iPad Pro can improve the way you organize work, litigate and try lawsuits, and even leisure activities. The faculty for this session will demonstrate how and why the iPad Pro promotes increased productivity, improved organization, and fuels creativity.

Speakers: Tara B. Cheever, Co-Founder, LIT SOFTWARE, Coral Gables, FL  
Edward J. Currie, Jr., Shareholder, Currie, Johnson & Meyers, P.A., Jackson, MS  
Jimmy B. Wilkins, Member, Watkins & Eager PLLC, Jackson, MS

7:30am Morning Walk

Wake up and join us for a walk before breakfast. Our informal walks are a great time to catch up with old friends or make new ones. The walkers will meet each morning in the lobby of the main hotel, at the top of the escalators.

7:30am - 9:00am Grab & Go Breakfast

8:00am - 9:30am Voucher Breakfast

7:55am - 8:25am Fraternity Hazing  
Section: Trial Law Tactics

It is an unfortunate reality that fraternity hazing has become commonplace. Join this insightful presentation to learn about the criminal charges associated with hazing, school suspensions, hearings, and the future impact on our college communities.

Speaker: David J. MacMain, Managing Partner, MacMain Leinhauser, West Chester, PA

8:00am - 8:30am Mindfulness for Lawyers Mini Course  
Session 3: Understanding Emotions

You've heard about mindfulness and know the studies saying it can help you improve focus, manage stress, and increase happiness. But do you understand why these benefits emerge or how to get started with a practice of your own? In three short sessions, FDCC member, mindfulness teacher, and author of *How to Be a Badass Lawyer*, Claire E. Parsons, will teach you basics of mindfulness of breath, body, and emotions.

Speaker: Claire E. Parsons, Partner, Wood + Lamping, LLP, Cincinnati, OH

8:25am - 8:55am Cannabis' "New" Regulatory Scheme - Environmental Side-Effects of Grow Operations and the Regulatory Programs that Apply

Cannabis presents environmental regulatory concerns beyond the commonly considered federal vs. state legality and banking issues. The cannabis industry is subject to the alphabet soup of federal, state, and local regulations concerning the environment. Land use, water use, power use, and chemical use all bring special considerations for the industry. In addition to regulatory requirements, common law obligations exist, and the legality of the activity may present special concerns. This presentation will focus on the environmental risks associated with cannabis.

Speakers: John Peiserich, Senior Vice President, J.S. Held, New Orleans, LA  
John W. Sinnott, Partner, Irwin, Fritchie, Urquhart Moore & Daniels, LLC, New Orleans, LA

9:00am - 9:50am Heard of Nuclear Verdicts, but what about Nuclear Settlements in Mass Claims? Lessons from Recent Sexual Abuse, Mass Tort, Multi-District, and Bankruptcy cases  
Section: Class Action and Multi-District Litigation

Wondering how to quickly investigate and control high-profile and high-exposure mass tort cases? Join us for this tools of the trade session where FDCC members, litigators and insurance industry experts John Morgenstern and Andy Johnson provide tips for success in navigating the many areas of substantive and procedural law toward creative settlements by selecting mediators, experts and claims evaluators; examining insurance coverages; categorizing and valuing claims; assessing the implications of class settlements, MDLs and bankruptcy proceedings; and other key considerations in today's new litigation environment.

Speakers: John P. Morgenstern, Partner, O'Hagan Meyer, Philadelphia, PA  
Andrew B. Johnson, Partner, Bradley Arant Boulton Cummings LLP, Birmingham, AL

9:55am - 11:10am Annual Business Meeting

11:10am - 11:25am Preview of Upcoming Meetings in St. Petersburg and Toronto

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11:25am - 12:00pm Keynote: Coming Full Circle

Opportunity plus action defines Jermaine Hatten now, a serial entrepreneur and founder of a new trade school. But twenty years ago, his life path was anything but bright. Enter a few FDCC friends who reached out with a helping hand. Join Jermaine Hatten for this thought-provoking, feel-good presentation that will enlighten and brighten your mind and spirit! He is a success story that combines believing and gratitude to achieve the highest results!

Speakers: Jermaine R. Hatten, CEO, Hatten Technology, Epic Health and Wellness Center and Mary Holmes Career Center, Houston, TX  
Edward J. Currie, Jr., Shareholder, Currie, Johnson & Meyers, P.A., Jackson, MS

12:30pm - 5:30pm [White Water Rafting](#) Cost: \$230.00

From white water to gentle rapids, Colorado is known around the world for its white water rafting. You will take an hour bus ride to Cañon City, where you will embark on a rafting trip down the Arkansas River in Bighorn Sheep Canyon. This 10-mile Arkansas River rafting trip offers Class II - III white water with rapids named Prelude and 3 Rocks Falls within the first mile. You will also encounter rapids named Five Points, Spikebuck, Sharks Tooth, Double Dip, Puppy, and more! Towering canyon walls, sightings of bighorn sheep and other wildlife, and world-class white water rafting await you!

The minimum age to go white water rafting is 8 years old. You will be provided with a life jacket, a helmet, and a splash jacket. Please wear quick drying clothes and shoes or sandals that have straps. It is also recommended that you bring a towel with change of clothes, sunscreen, and water bottle. A box lunch is included with this excursion.

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12:30pm - 5:30pm [Fly Fishing](#)  
Cost: \$250.00

Join a professional guide for an exciting day on the water, surrounded by inspiring vistas, as you engage in the art of fly fishing. Enjoy this once-in-a-lifetime chance to catch the big fish of your dreams in a spectacular setting. Because all fishing is catch and release, you may also increase the size of the fish you catch as you recount your adventures free of charge.

You will take a short thirty-minute ride to Pike National Forest where you will gear up and spend three hours fishing on the stocked reservoir at the base of Pikes Peak, so it is perfect for beginners. We recommend long sleeve shirts that are lightweight to protect from the sun, shorts or light pants, raincoats, baseball hats, long socks, polarized sunglasses, and sunscreen. You also may want to bring a change of clothes for the ride home. All gear, including waders, boots, rods, reels, and flies, will be provided. A box lunch is included with this excursion.

Please note that the outfitter will require all participants aged 16 or older to purchase a Colorado fishing license in advance of the excursion. Participants will receive further information regarding this requirement after registration has been processed.



12:30pm - 5:00pm [Pike's Peak Cog Railway](#) Cost: \$130.00

This year is the railway's 130th anniversary. The Cog Railway departs Manitou Springs at 6,320 feet and will reach the top of Pikes Peak at 14,115 feet. The scenic trip takes one hour and ten minutes each way, and we will spend about forty minutes exploring at the summit. All aboard for this accessible and picturesque ride to the top of the world.

Because of the high altitude, this excursion is not recommended for anyone with a history of cardiac or respiratory problems. Lightheadedness and disorientation can occur at this elevation, and people with existing health issues and people who cannot communicate their symptoms should proceed with caution. Good hydration is paramount to avoid the effects of high altitude, so be sure to drink lots of water! Please also note the railway does not allow strollers due to space, and be sure to dress in layers as the temperature will decrease with increased elevation. A box lunch is included with this excursion.

1:00pm - 4:00pm [Horseback Riding](#) Cost: \$190.00

Go back in time to when the west was wild. At Old Stage Riding Stables, you will have a guided tour through the path used by stagecoaches years ago that connected Colorado Springs with the historic mining town of Cripple Creek. Whether you love to ride horses or want to be more like a character of Yellowstone, this is your chance. This excursion will offer a beautiful 90-minute riding experience that escorts you through trails with mountain views, and the chance to spot over 100 varieties of wildflowers, and possibly some forest fauna. Mule deer, elk, Abert squirrels, and other indigenous animals are not an uncommon sight. You will also learn about the local historic areas along the way.

You should wear closed toe shoes, some comfortable pants and a shirt that is not overly restrictive. The minimum age to ride is 8 years old, and maximum weight is 200 lbs.



1:00pm - 4:00pm [Garden of the Gods Mountain Biking](#)  
Cost: \$155.00

Tour the Garden of the Gods on a mountain bike. See the pink, red and white sandstone "fins" formed millions of years ago when the Rocky Mountains and Pikes Peak were formed. The ride tours the Garden of the Gods along paved bike paths and gentle singletrack trails. If mountain biking is your thing, this excursion is a must for you.

Wear recreational gear that is comfortable for cycling. You will be provided with a specialized mountain bike, helmet, reflective safety wear vests, and water. Children must be at least 4'10" to ride, and all guests must be under 250 pounds to ride.

1:15pm - 4:00pm [Wild West Experience](#) Cost: \$190.00

Your Wild West Experience begins with a ride up Old Stage Road, the stage-coach route used by those making their way to the gold-mining communities of Victor and Cripple Creek. Once off the Stage Road, you will find yourself in the forested canyon floor of South Cheyenne Creek, where Ponderosa Pine and Douglas Fir whisper in the breeze and the creek flows toward Seven Falls Park, far below in

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the canyon. This hidden canyon is where you will learn and hone the skills once necessary to survive in the Wild West!

Standing archery targets offer a chance to perfect your aim before you head through the forest to a walking range where 3-D targets of critters and varmints will be waiting for you. Once you've made your way through the archery range, you will exchange your bow and arrow for tomahawks. You will be shown the proper technique for tomahawk throwing and will have the opportunity to throw at three hanging targets made from thick slices of local timber. After you have stuck your tomahawks, you will head to the pellet gun range.

Comfortable, recreational clothing is recommended. Participants must be a minimum of 5-years old to participate. Safety glass, equipment, and water will be provided. (Please take note - the Wild West Experience is part of the Kid's Adventure night on Thursday for kids ages 12 - 17.)

1:30pm - 4:45pm [Garden of the Gods Segway Tour](#)  
Cost: \$95.00

See Garden of the Gods in a new, unforgettable way -- by Segway. This guided tour will take you at a mellow pace through the beautiful park. Your guide will point out wildlife, rock formations, and plant life along the tour. Short stops will be made so you can take photos or get a closer look at the wonders of the park.

Children must be at least 12 years old and 100 pounds to ride the Segway. All guests must be under 250 pounds to ride. Anyone can learn to Segway, but they take some time to get acclimated. No worries, though, because your guide will lead you through training before you hit the trail. You will be outfitted with a safety helmet. You must wear closed toe shoes.

6:30pm - 11:00pm Kids' Adventures with Rocket Cars, Tomahawks, Bows, Targets, and More!

Younger kids, ages 3 to 11, will first enjoy dinner and then be treated to a live singer/songwriter show. After the show, the kids will have a "Race to the Finish," inspired by the Pikes Peak Hill Climb, where they will make and decorate bottle rocket cars. They will compete for first place as they shoot their pressured bottle cars down a 30-foot track. With an electric finish line, it is very easy for the children to get involved and excited. Then, they will finish up the night with a movie and a craft.

After dinner and bowling, our teens will set off for a Wild West Experience, where they will hone their skills using bows and arrows, tomahawks, and pellet guns to see how they would fare in skills necessary to survive in the Wild West.



7:00pm - 11:00pm Diamonds and Denim Gala

Join us as we wrap an amazing week with one last party. At the Diamonds and Denim Gala, put on your jeans and all the diamonds and sparkle that you can handle to join us at the spectacular Cheyenne Lodge. The beautiful vistas and starry skies from the deck of the Lodge are simply magnificent. Inside, party with the Diamond Empire Band. Enjoy our final night fellowship with your FDCC family before we all head home.

## Restaurants, Cafes, and Lounges at The Broadmoor

[Golden Bee](#) An authentic 19th century English Pub has become one of The Broadmoor's most vibrant dining destinations. Incredible pub food (think fish and chips), beer and adult beverages. Stick around for nightly ragtime piano, which begins at 7:30pm, and is followed by a sing-along, which begins at 9:30pm.

[The Grille](#) Located in the Golf Club, the culinary classics are available to be paired with craft beers, wines, or cocktails. If you are looking for casual dining with a beautiful view of the golf course, The Grille is for you.

[Ristorante Del Lago](#) Located in the lobby of The Broadmoor West, Ristorante Del Lago provides authentic Al Fresco Italian dining. Wood fired pizzas, rotisserie meats and house made fresh pastas await you.

[Summit](#) Located inside the Broadmoor Event Center, the Summit features modern regional cuisine of the Americas with a classic twist and an innovative wine and cocktail program. The menu offers contemporary American, Brasserie Cuisine featuring local sustainable, and seasonally inspired Colorado ingredients. The Summit requires a resort casual dress code.

[La Taverne](#) Located in the lobby level of the Broadmoor Main, La Taverne is The Broadmoor's legendary steakhouse. With lush florals and an amazing 16-foot chandelier, La Taverne will wow you with hand cut steaks, chops, and prime rib, along with an out of this world seafood bar.

[Play at The Broadmoor](#) Play offers a distinctly fun take on dining at The Broadmoor. Dive into whimsical plates that combine retro Americana favorites such as build-your-own burgers, wood fired pizzas, and banana splits. Adults can enjoy nostalgic cocktails, Colorado microbrews, or an adult milkshake in this fun-filled restaurant with bowling lanes and video game stations.

[Lake Terrace Dining Room](#) Situated alongside the beautiful Cheyenne Lake, the Lake Terrace Dining Room is the perfect place to start your morning as you enjoy your breakfast favorites from a European-inspired a la carte menu or an abundant breakfast buffet.

[Café Julie's](#) Located just off the main hotel lobby, visit The Broadmoor's own Parisian Patisserie featuring the hotel's Luxury Valrhona Chocolate Collection, house made gelato, Lavazza specialty coffees, and a decidedly distinctive and inviting area to meet. Enjoy soups, salads, and sandwiches to go, artisan breads, cakes, and other culinary delights.

[Natural Epicurean](#) Enjoy fresh, cold-pressed juices, espressos, delicious breakfast pastries, salads, and sandwiches at the Natural Epicurean, located in the West Lobby. Guests can enjoy their selections to go, or they can enjoy the casual, open air café or sit on the adjoining garden patio to take in the beautiful mountain views.

[The Hotel Bar](#) Enjoy a tempting menu of appetizers, microbrew beers, wines by the glass, and other libations. Gather with family and friends on overstuffed couches and chairs at The Hotel Bar, on the mezzanine level of The Broadmoor's main building, or head outside and relax in the warm glow of the stone fireplace.

## Local Attractions and Activities

### [Bear Creek Nature Center](#)

Hike the foothills, search for mule deer, and discover Bear Creek. Scrub oak thicket, ponderosa pine forests, meadows, a mountain creek, and abundant foothills wildlife attract children and adults to Bear Creek Regional Park and Nature Center. Interpretive programs, special events, guided and self-guided tours, and media presentations are offered all year. Outside, two miles of self-guided nature trails wind through the short grass prairie, scrub oak woodlands, and cottonwood riparian communities. The nature trails are for foot traffic only, but the regional trails are open to hiking and horseback riding.

### [The Broadmoor Manitou and Pikes Peak Cog Railway](#)

The Cog has been climbing Pikes Peak since 1891 and is one of the most unique experiences in the country. Recognized as the world's highest cog railroad, the railway is an important part of the heritage of the Western United States. Taking this journey is like walking in the footsteps of history, and now the adventure is even more iconic and inspiring.

### [The Broadmoor Seven Falls](#)

Bask in the majesty of Seven Falls, a magnificent series of cascading waterfalls located in a 1,400-foot wall box canyon, and then explore everything else Seven Falls has to offer, such as gift shops and walking and hiking trails

### [Cave of the Winds Mountain Park](#)

Cave tours, spectacular scenery, rides, and attractions from mild to wild allow you to explore, soar, and keep the whole family happy all day long! Guided cave tours will lead you deep within the heart of the Manitou Grand Caverns. Hidden inside the mountain, you'll find ancient rock formations, stalactites, a bit of history, and

unforgettable adventure. Above ground, you can explore the many attractions that include the Wind Walker Challenge Course, the Bat-A-Putt aerial adventure, the Cliff Hanger Climbing Wall, and Geronimo's Leap.



### [Cheyenne Mountain Zoo](#)

Enjoy. Interact. Understand. Cheyenne Mountain Zoo is about sharing the wonders of the natural world with kids of all ages and providing memories for a lifetime as America's mountain zoo. The zoo offers multiple custom animal experiences and encounters, as well.

### [Colorado Springs Fine Arts Center at Colorado College](#)

For over 100 years, the Fine Arts Center has been the top cultural attraction of the Pikes Peak region offering world-class art, Broadway-worth theatre, and arts education for all ages and abilities.

### [Colorado Wolf & Wildlife Center](#)

The Colorado Wolf and Wildlife Center has a mission of educating the public through tours and programs about the importance of wolves, coyotes, and foxes to the eco-system; of educating the public about the importance of preservation and conservation of the forests, land, and water that supports wildlife, flora, and fauna; and of providing natural habitats and exceptional lives for the animals entrusted to their care. Come walk with one of the experienced and knowledgeable guides as you get up-close views of the beautiful, majestic, and elusive animals housed at the Center.

### [Dinosaur Resource Center](#)

The Dinosaur Resource Center offers a variety of museum related services, including fossil mounting, molding, and casting, 3D scanning and printing, traveling exhibits, and more. The museum offers over 30 specimens and a number of hands-on exhibits where you can learn about the latest dinosaur information from the people who actually go out and find the fossils!

### [Downtown Colorado Springs](#)

Fall in love with the heart of the city. Home to more than 180 independent shops, restaurants, and services, Downtown Colorado Springs is where history, culture, innovation, and new ideas coalesce.

### [Garden of the Gods](#)

The towering red rock formations of the Garden of the Gods Park come alive when you visit the free Visitor and Nature Center and explore the geology, plants, animals, and people of this amazing 1,341.3-acre regional park. It offers towering sandstone formations, wonderful views of Pikes Peak, paved and unpaved hiking paths, the historic Rock Ledge Ranch Historic Site, a living history museum, and many other amenities.



### [Manitou Cliff Dwellings](#)

The Manitou Cliff Dwellings are comprised of Ancestral Puebloan ruins that date back 800 to 1000 years old. Explore the fascinating architecture of the ancient cliff dwellers and browse through two museums featuring cultural displays all overlooking the historic town of Manitou Springs. You can even walk around and through the rooms



of the cliff dwellings, and visitors who are slender and short enough can actually slip into some of the smaller rooms to get a feel for Ancestral Puebloan apartment house living. The magic and mystery of the Native American culture is sure to delight visitors of all ages.

### [Manitou Springs](#)

Nestled between Garden of the Gods and Pikes Peak, historic Manitou Springs is the perfect place to spread out in the great outdoors and then find a cozy sport to settle in with your friends or family. From mild to wild, world-renowned trails are just waiting to be explored in Manitou. If you are up to the challenge, the 2,744 steps of elevation at the Manitou Incline await your arrival. If you need to rejuvenate after such a strenuous climb, you can take a sip from the healing waters of one of the many natural mineral springs in the area and then pay a visit to one of the over 30 locally owned restaurants for well-earned sustenance.



### [Old Colorado City](#)

With over 100 unique businesses, take a stroll in Old Colorado City and enjoy shopping, fine dining, sidewalk and patio cafes, boutiques, galleries, jewelry, and a variety of seasonal events and activities, antiques, sweets and treats, and more! Old Colorado City is the perfect blend of small town charm, historic character, and all the good times and excitement of a top destination.

### [Penrose Heritage Museum](#)

Penrose Heritage Museum showcases the history and heritage of the Pikes Peak region through the personal artifact collection of Colorado Springs' philanthropists Spencer and Julie Penrose. The Penrose Heritage Museum exhibits 30 carriages, personal artifacts of Spencer and Julie Penrose, and 15 race cars that competed in the infamous Race to the Clouds, one of the oldest motorsport events in the U.S., second only to the Indianapolis 500.

### [Peterson Air and Space Museum](#)

The Edward J. Peterson Air and Space Museum seeks to preserve and portray the rich aviation and space history of Colorado Springs and Peterson Space Force Base. From barnstorming beginnings to our modern space era, come see the exhibits that will educate and inspire.



### Pikes Peak - America's Mountain

Pikes Peak is one of Colorado's most majestic mountains, but it is fully accessible to people of all ages and abilities. The safe and scenic Pikes Peak Highway provides you the opportunity to enjoy 19 miles of mountain terrain, with frequent pull-offs for you to get out, stretch your legs, and take photos or enjoy one of the many picnic areas and hiking trails. On the clearest days, at the summit, you can see five states (Colorado, Arizona, New Mexico, Utah, and Kansas) and even the curvature of the earth fading into the distance.

### Play Street Children's Museum

Your kids will have a blast exploring the Great Outdoors through the museum's interactive exhibits and educational play space. Kid-themed activities can pretend and imagine endless adventures in the museum's tree house and campsite. Adults are welcome to join in the fun or sit back and relax while their children discover a world that is just their size in this interactive children's museum.

### ProRodeo Hall of Fame

The ProRodeo Hall of Fame and Museum of the American Cowboy educates the public about rodeo, its history and impact on Western American culture, and provides recognition to rodeo notables of the past and present and serves as an inspiration for the future.

### Royal Gorge Bridge & Park

Step by step, walk the 1,257 wooden planks suspended 956 feet over the Arkansas River across the world-famous Royal Gorge Bridge, America's highest suspension bridge. You can cover the gorge on a family friendly, guided climbing experience through the Via Ferrata course, where you will experience views of the bridge and get perspectives of the gorge's depths that you can't find anywhere else. Fly by the seat of your pants across the Royal Gorge, rim to rim on the Cloudscraeper Zip Line, or you can also swing up to 50 mph over the edge of the Royal Gorge on the World's Scariest Skycoaster, which swings harnessed riders 1,200-feet over the Arkansas River.



### Space Foundation Discovery Center

Located only minutes away from Garden of the Gods, the Discovery Center is the region's first and only dedicated space, science, and technology center. It is an interactive, education-focused destination that advances science, technology, engineering, art, and mathematics (STEAM) in the exciting context of space exploration, development, and utilization.





### [Starsmore Visitor and Nature Center](#)

Sitting at the entrance to North Cheyenne Cañon Park and at the east trailhead of the Columbine Trail, Starsmore is home to many exhibits highlighting the park's geology, flora, fauna, and history. Programs are offered at the visitor's center, and there are activities for guests of all ages.

### [United States Air Force Academy](#)

Located just north of Colorado Springs, at the base of the Front Range, you can explore the stunning campus through a self-guided tour. Much of the Academy's campus is open to the public, and there is a Visitor Center on-site to help plan your visit.



### [United States Olympic & Paralympic Museum](#)

The U.S. Olympic & Paralympic Museum offers a timeless experience by capturing the history of Team USA at the Olympic and Paralympic Games, as well as the hopes and dreams of future generations. Through interactive exhibits, innovative displays, and a comprehensive artifact collection, the museum instills the Olympic values of excellence, friendship, and respect, as well as the Paralympic values of determination, equality, inspiration, and courage in every visitor. Self-guided and guided tour options are available.

### [Western Museum of Mining and Industry](#)

Open since 1970, Western Museum of Mining and Industry proudly features working machinery, a model mining drift, and gold panning stations in the 12,200 square foot exhibit hall, plus historic buildings and machinery on its beautiful 27-acre campus. The area's rich, western history will come to life with interactive exhibits, knowledgeable and entertaining docents, and more.

### [The Winery at Holy Cross Abbey](#)

Located on pastoral and scenic grounds, The Winery at Holy Cross Abbey is also nestled against the spectacular backdrop of the Wet Mountains. The tasting room is open daily, and the gracious staff will guide you through a flight tasting of multi-award-winning Colorado wine.



*"Fun week but  
I need a nap"*

You can check out much more of the local attractions and events, and continue planning your trip by visiting the [Colorado Springs Visitor Information Center!](#)

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